

Although the choice of a chiropractic physician is completely your choice, and there are many qualified individuals to choose from as stated within the letter provided. For your convenience I have in addition provided the names and contact information of chiropractic physicians in the area I feel confident may serve your needs below.

**Glennia Chitwood, MS, DC**

Healthy Healing Chiropractic  
16925 Manchester Rd., Suite 1  
Wildwood, MO 63040  
636-489-1616

[www.HealthyHealingChiropractic.com](http://www.HealthyHealingChiropractic.com)  
[HealthyHealingChiro@gmail.com](mailto:HealthyHealingChiro@gmail.com)

“Dr. Chitwood graduated from Logan College of Chiropractic with additional studies in SOT (Sacro-occipital Technique), including cranial manipulation and pre-natal adjusting techniques with an emphasis on pediatric cranial work. She's also trained in Thompson Drop-Assisted Technique. The Doctor is pursuing additional training in Functional Medicine and Nutrition, related to gut, brain, immunity and endocrinology and the evaluation of each through blood work and metabolic assessments.

The Doctor has also been trained as a Doula, supporting several births, and is trained in the art of Placenta Encapsulation. She is passionate about the family's right to make informed decisions in the birthing process and about educating parents on their rights in regards to their bodies, babies, and the options available to them.”

(<http://www.healthyhealingchiropractic.com/#!/dr-glennia-chitwood/c195>)

**Patrick and Mackenzie McNamara, DC**

Gateways Chiropractic  
2241 Bluestone Drive  
St. Charles, MO 63303  
636-940-2226

[gatewayschiropractic@gmail.com](mailto:gatewayschiropractic@gmail.com)  
<http://gatewayschiropractic.com>

“Dr. Patrick and Dr. Mackenzie McNamara are a husband-and-wife team who are passionate about chiropractic, healthy living, eating well, and all things natural.

Credentials: Dr. Patrick graduated as a Doctor of Chiropractic (DC) from Logan College of Chiropractic in 2013. He is a fellow of the Acupuncture Society of America (FASA) and a board-certified chiropractic acupuncturist. Dr. Patrick earned certification in Acupuncture from Parker University and has also earned Internal Health Specialist (IHS) certification from the Loomis Institute. He also has a Master of Science in Sports Science and Rehabilitation from Logan University.

Credentials: Dr. Mackenzie graduated as a Doctor of Chiropractic (DC) from Logan College of Chiropractic in 2013. She is a fellow of the Acupuncture Society of America (FASA) and is a board-certified chiropractic acupuncturist. She earned certification in Acupuncture from Parker University and has also earned Internal Health Specialist (IHS) certification from the Loomis Institute.” (<http://gatewayschiropractic.com/about/>)

**Jeanne Sandheinrich, DC**

First Step Family Wellness

439 S. Kirkwood Rd., Suite 214

Kirkwood, MO 63122

314-805-STEP

<http://1stepfamilywellness.com>

“Dr. Jeanne specializes in prenatal and pediatric care, as well as nutrition. She has put in extensive hours outside of her formal education to be able to give her patients the best possible care in her specialty. She is board certified in Acupuncture, has a certification in Whole Food Nutrition, Applied Kinesiology, and Internal Health Specialist.”

(<http://1stepfamilywellness.com/meet-us/dr-jeanne/>)

**LaKendria Hawkins, DC**

Back Together Chiropractic

636-224-8130

<http://www.backtogetherchiro.com>

“Dr. Hawkins is a graduate of Logan College of Chiropractic and is skilled in performing manual, hands-on adjusting as well as instrument-assisted adjusting. As an added relaxation experience to chiropractic, she offers aromatherapy if you so desire to each of her services.

The mission of Back Together Chiropractic is to provide mobile, quality, and affordable health care to those with symptoms of discomfort and also for those who may just be looking for a tune-up (wellness care).”

(<http://www.backtogetherchiro.com/mission>)

Remember, the choice of a chiropractic physician is yours. I wish you a healthy future and appreciate the trust you placed in me as your chiropractic physician.

Yours in Health,

Vanessa K. King, MS, DC